Phyllis Joy-Anne Albury-Garraway's passion for youth development has spanned over fortyfive years, bringing about a profound impact by providing new opportunities for training youth amidst cultural and educational challenges. Born on July 21, 1956, in Nassau, Bahamas, Phyllis was encouraged by her mother, Florence Lockhart, a renowned Bahamian designer, who recognized her motivational talent and inspired her to teach and instill discipline in young individuals. Phyllis firmly believed that disciplined behavior was essential in all aspects of life and could be cultivated through not only formal education but also extracurricular activities.

Her tireless dedication has been focused on ensuring that young women and men from all backgrounds have the chance to develop their social skills fully. Throughout her extensive career, she has worked with diverse organizations and institutions, including the Ranfurly Home, Bilney Lane, Elizabeth Estates, Children's Emergency Hostel, various Church Denominations like the Baptist, Methodist, Catholic and Anglican Youth Programs, as well as the Ministry of Tourism, Social Services, and numerous schools and beauty pageants. The etiquette training she provided to these young individuals instilled confidence and self-esteem, empowering them to improve all aspects of their lives.

Phyllis Joy-Anne Albury-Garraway's educational journey has been equally impressive. She attended St. Thomas More, Xavier's Lower School and St. Augustine's College in Nassau, Bahamas, where she earned her High School Diploma. She then pursued her education further at Ontario Ladies College (now Trafalgar College School) in Whitby, Ontario, Canada, achieving an Ontario High School Diploma (Grade 13). Later, she attended Ryerson Polytechnical (now Ryerson University) in Toronto, Canada, earning a BA in Secretarial Science/Business. Additionally, she pursued specialized training in Etiquette through UniversalClass Inc., obtaining certificates in Etiquette 101 and Etiquette for Children and Teens.

Beyond her professional pursuits, Phyllis has been actively involved in charitable work, supporting organizations like the Willie Mae Pratt Center for Girls, the Heart Foundation, the Cancer Society, and the Bahamas Humane Society, among others.

Her list of accomplishments is nothing short of remarkable. From being a talent in various television, radio, and print ads to serving as a fashion consultant and commentator both locally and internationally, Phyllis has made her mark in the world of fashion and representation of the Bahamas. Her extensive travels around the world have allowed her to promote Bahamian fashion and her home country in magazines like Jet, Vogue and fashion editor for Goombay a local Bahamian magazine .

Phyllis has also dedicated her time to coaching beauty pageant winners, serving as a hostess for various galas and fashion shows, and acting as a motivational speaker. Her commitment to charitable causes and her work as a diabetic motivator for the youth, given her own 48-year journey with diabetes and insulin dependency, showcase her unwavering dedication to making a positive impact on society.

She is a member of the Bahamas Girl Guides Association and the Anglican Church Women, and she actively participated in events like the Bahamas Youth Choir, Faith United Missionary Baptist Church Youth and Adults, and social services seminars for troubled teens.

Phyllis has been instrumental in establishing a non-competitive atmosphere at Yodephy, where she is part owner and focuses on growth and development among young individuals.

Phyllis Joy-Anne Albury-Garraway's lifelong dedication to youth development, her impressive educational background, her numerous accomplishments, and her philanthropic contributions have left an indelible mark on the lives of many, making her a true inspiration and role model in society. She is married to Peter Garraway and they are the proud parents of Bre, their Shih Tzu.